

## 2020 Hadley COA Programs Survey

In an effort to enhance the programs offered to Hadley residents, Hadley Senior Center is looking to hear from its senior population on programming ideas. Obviously, there are limitations to what we can offer, however, we'd like to know where the most interest lies and see if we can work with other town departments and other community resources to bring some new programming on board. Some programs listed are currently offered, but please select if it interests you or not so that we can evaluate continuation. Please return your survey by dropping it off in the Drop Box at the side-entrance of Town Hall, by mailing to Hadley COA, 100 Middle St, Hadley MA 01035, or you can scan it and email to [coaprograms@hadleyma.org](mailto:coaprograms@hadleyma.org). Thank you!

Activity	Very Interested	Somewhat Interested	Not Interested
<b>Exercise</b>			
Arthritis Range of Motion			
Fitness Room with Equipment			
Gentle Exercise Class			
Line Dancing			
Low Impact Aerobics			
Strength Training			
Table Tennis / Ping Pong			
Tai Chi			
Walking Club / Hiking			
Yoga			
Other			
<b>Creativity</b>			
Arts/Crafts/ Monthly?			
Ceramics			
Flower Arranging			
Holiday Craft Class			
Jewelry Making Class			
Other			
Needle point, knitting, crocheting			
Sewing Machine			
Painting Classes			
Journaling / Memoir			
Pen Pal Club			
Short Story Writing			
Other			

## 2020 Hadley COA Programs Survey

Activity	Very Interested	Somewhat Interested	Not Interested
<b>Games and More</b>			
Billiards / Pool			
Board Games			
Bridge			
Canasta			
Chess			
Cribbage			
Dominos			
Pitch			
Other			
<b>Education/Lifelong Learning</b>			
Book Club			
Current Events Discussion			
Foreign Language Classes			
- Polish			
-Spanish			
-Italian			
-French			
-German			
Other language			
Town History Group			
Veterans Discussion Group			
Cooking Demo			
Cooking for One			
Eating Well Hands –On Class			
Holiday Cooking			
Low Fat / Low Salt			
Other			
Digital Photography			
Genealogy			
How to: General Instructions			
Informative Presentations			
Senior Center Gardening Group			
Videography			
Other			

## 2020 Hadley COA Programs Survey

Activity	Very Interested	Somewhat Interested	Not Interested
Technology Tutorials			
Smartphone			
Tablet			
Wellness Presentations			
Other			
<b>Services / Other</b>			
Coffee with A Cop			
Fuel Assistance Application			
Home Care Referrals			
Outreach Services / General Support			
SHINE			
SNAP Benefits Application			
State Rep. Office Hours			
Transportation			
Other			
Veterans Office Hours			
Chair Massage			
Footcare Nurse			
Friendly Visitors			
Hearing Loss Support Group			
Low Vision Support Group			
Reiki			
RN-once per week			
Spa Services			
Other			
Volunteering at the Senior Center			
Advisory Board Member			
Decorate Center for Holidays			
Driving seniors to medical appointments			
Helping in Center's Kitchen			
Helping seniors w/shopping			
Helping seniors w/small jobs			
Other			

## 2020 Hadley COA Programs Survey

Activity	Very Interested	Somewhat Interested	Not Interested
<b>Social / Entertainment</b>			
Birthday Ice Cream Social / Music			
Concerts			
Singing Group			
Daytime Lunch / Parties			
Evening Dinners / Parties			
First Friday with Friends			
Movie Matinee / Popcorn			
Themed Lunches			
Other			
<b>Travel</b>			
Dinning			
Motor Coach Travel Club			
Museums			
Special Interest Places			
Travel COA Van Day Trips			
Other			

Do you have ability to participate in online ZOOM offerings? Yes / No

Are you interested in online ZOOM offerings? Yes / No

Please indicate your age range:

60-65

66-70

71-75

76-80

81-85

86-90

90+

How many times have you participated in Hadley Senior Center Activities in the past year?

Circle one

Never

Seldom

About 1 x a month

About 1 x a week

More than 1 x a week

*Thank you for answering our survey!*

**Please return your survey by dropping it off in the Drop Box at the side-entrance of Town Hall, by mailing to Hadley COA, 100 Middle St, Hadley MA 01035 or you can scan it and email to [coaprograms@hadleyma.org](mailto:coaprograms@hadleyma.org). Thank you!**